


2016 HOWARD COUNTY HEALTH ASSESSMENT SURVEY RESULTS & HCLHC PRIORITIES

January 26, 2017



HCHAS


Survey conducted every 2 years from 2012-2018

Commissioned by: **The Horizon Foundation, Howard County Health Department, Howard County General Hospital and the Columbia Association**

April 29-July 9, 2016

2000+ randomly selected land and cell lines

BRFSS model with County-specific customizations

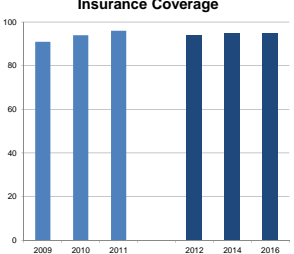



Access to Care

Insurance Coverage

Howard County Insurance Coverage

2009	91%
2010	94%
2011	96%
HCHAS 2012	94%
HCHAS 2014	95%
HCHAS 2016	95%






Access to Care

Health Care Provider

Do you have a doctor you regularly see?

Yes	2012 – 87%
	2014 – 90%
	2016 - 87%
No	2012 – 13%
	2014 – 9%
	2016 – 13%

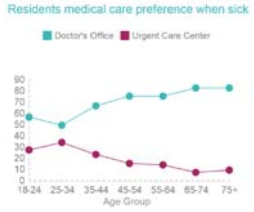




Access to Care

Where Care is Sought

Residents medical care preference when sick

Doctor's Office	2012 – 77%
	2014 – 74%
	2016 – 68%
Urgent Care Center	2012- 11%
	2014 – 15%
	2016 – 19%

Access to Care

Colorectal Screening - Question introduced in 2014.


2014	62%
2016	61%

Maryland*
2014 – 81.2%
*2014 BRFSS, age 50+

Cancer Screening

Breast, colorectal, and cervical cancers are detectable and treatable at an early stage. The earlier the stage at diagnosis, the greater the opportunity is for a positive outcome.


86%	Mammogram	61%	Sigmoidoscopy or Colonoscopy	76%	Pap Test
Ages 40+, past 2 years		Ages 50+, past 5 years		past 2 years	



Chronic Disease

Diabetes	Pre-diabetes
2014 – 8%	2014 – 8%
2016 – 7%	2016 – 7%

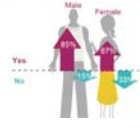
Age at Diagnosis	
under 40	2014 – 20%
	2016 – 24%
40-49	2014 – 31%
	2016 – 24%
50-59	2014 – 22%
	2016 – 32%
60+	2014 – 19%
	2016 – 18%





Chronic Disease

Disease Management, medication to control

Diabetes
2014 – 90%
2016 – 78%




High Blood Pressure
2014 – 81%
2016 – 75%

Healthy Weight


BMI – Mean BMI of respondents is 27.03

Not Overweight/Obese
2012 – 44%
2014 – 44%
2016 – 40%



Overweight
2012 – 34%
2014 – 33%
2016 – 38%

Obese
2012 – 22%
2014 – 23%
2016 – 22%



Additional Highlights


Behavioral Health

Receiving treatment or taking medication for condition/concern
2012 – 9%
2014 – 7%
2016 – 11%

Sugar Sweetened Beverage Purchase for Home


	Yes	No
2014	49%	50%
2016	45%	55%

How many residents daily drink at least one non-diet soda. Replaced water with added sugar or sugary beverage?



Male
2012 – 7%
2014 – 5%
2016 – 7%

Female
2012 – 11%
2014 – 9%
2016 – 15%



Additional Highlights

Child Health

Breastfed youngest child – 77%


Asthma – 20%

Anxiety/Depression – 11%

Diabetes – 1%

Told should lose weight – 7%


Told by health care professional only.



Healthy Aging 55+


Have health coverage
2012 – 96%
2014 – 86%
2016 – 98%

Have regular health provider
2012 – 90%
2014 – 87%
2016 – 88%



More Information available at

www.HowardCountyHealthSurvey.com



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